



Healthy Bladder and Bowel Habits

Presented by

The Continence Foundation of Australia

Incontinence is a common health issue.
In fact, over 5 million Australians (1 in 4) have bladder
or bowel control problems for a variety of reasons.

Monday, 27th of May, 2019

9:30am to 10:30am

Bundaberg & District Neighbourhood Centre

111 Targo Street

Bundaberg Qld 4670

Come along and find out more about:

- The Continence Foundation of Australia
- Keeping your bladder and bowel healthy
- Incontinence and risk factors
- Where to go for help

