



Continenence Foundation of Australia State and Territory Advisory Committees' Education Days 2023



The Continenence Foundation of Australia State and Territory Advisory Committees (STAC) would like to invite you to their 2023 Education Days.

STAC Education Days

New South Wales

Date Friday 1 September 2023

Venue Dockside Convention Centre, Sydney

Victoria

Date Friday 8 September 2023

Venue Amora Hotel Riverwalk Melbourne, Richmond

Western Australia

Date Saturday 14 October 2023

Venue St Catherine's on Park, Crawley, Perth

Queensland

Date Saturday 28 October 2023

Venue Brisbane Convention and Exhibition Centre, South Brisbane

SCAN ME



Registrations are now open! Secure your place:
continenence.org.au/STAC-education-days

STAC New South Wales Education Day

Friday 1 September 2023



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8.15am					Opening and Welcome				
8.30am		Workshop 1 SNS/PTNS/TTNS		Workshop 2 Practical bowel management		Workshop 3 Continence surgery, male and female		Workshop 4 Urodynamics	
How are they done/how do they work/how effective are they? Volunteer for a live demonstration of PTNS. Speakers: Audrey Wang Eunice Khayed Trisha Ching		Learn about the diagnosis of ano-rectal dysfunction and faecal incontinence. What are the pros and cons of anal tampons or plugs, external or intra-anal bags, anal irrigation, pads? Speakers: Janet Candido Donna Heggie Kylie Wicks		This session will cover techniques used in male and female incontinence surgery. Examine the devices – how are they made, what do they feel like and how are they inserted? Speakers: Lucy Bates Iona Popa		A detailed explanation of urodynamic studies. How are these performed and what can they tell us about bladder dysfunction? Speakers: Rachel Matulin Jenny King			
10.30am					Morning Tea and Exhibition				
11.00am		Workshop 1 SNS/PTNS/TTNS <i>continues</i>		Workshop 2 Practical bowel management <i>continues</i>		Workshop 3 Continence surgery, male and female <i>continues</i>		Workshop 4 Urodynamics <i>continues</i>	
1.00pm					Lunch and Exhibition				
					Matinee Session				
2.00pm		Lynda Smith: FGM – complications, management, sexual function							
2.20pm		Joyce Leong: Infant and early childhood constipation							
2.40pm		Kylie Wicks: Management neurogenic bladder in the community							
3.00pm					Afternoon Tea and Exhibition				
					Happy Hour				
3.30pm		Jenny King: Herbal treatments for overactive bladder							
3.45pm		Peter Galloway: Coronavirus and LUTS							
4.00pm		Vincent Tse: Where do we go after the AUS?							
4.20pm		Continence jeopardy – get your teams organised!							
4.45pm		Thank you, lucky door prize							
4.50pm					Close				

STAC Victoria Education Day

Friday 8 September 2023



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7.30am - 8.45am	Risky Business – UTI Risk Factors and Assessment Tool for IC Users Breakfast Symposium presented by Coloplast
9.00am	Opening and Welcome
Session 1 – Male Pelvic Health <i>Chair: Liza Lau</i>	
9.10am	Alan White: Consumer story
9.30am	Shan Morrison: What's new in male pelvic health; physiotherapy perspectives
9.50am	Mel Caruso: Prostate cancer nurse. Survivorship and challenges post-prostatectomy from a prostate cancer nurse perspective
10.10am	Liza Lau: Who needs urodynamics and does it change our management?
10.30am	Questions/Discussion
10.45am	Morning Tea and Exhibition
Session 2 – Neuromodulation <i>Chair: Jos Jayarajan</i>	
11.15am	Adele Burgess: Neuromodulation – when is it an effective intervention for faecal incontinence?
11.35am	Johan Gani: Non-obstructive urinary retention and sacral neuromodulation: systematic review and predictive factors for success
11.55am	Questions/Discussion
12.10pm	Lunch and Exhibition
Session 3 – Female (Pessary and Mesh) <i>Chair: Gabby Pragnaratne</i>	
1.10pm	Carly Walsh: Menopause – genitourinary symptoms and management
1.30pm	Jos Jayarajan: Female pelvic floor surgery in the post-mesh era
1.50pm	Alison Leitch: Ins and outs of using a pessary – fitting and pitfalls
2.10pm	Questions/Discussion
2.25pm	Afternoon Tea and Exhibition
Session 4 – Functional Gut <i>Chair: Vanessa Gatto</i>	
2.55pm	Erin Russell: Practicalities of diet, microbiome and IBS
3.15pm	Janie Thompson: Case study – constipation and rectal hyposensitivity – the impacts to management for someone living with a complex mental health illness
3.35pm	Angela Khera: Pelvic floor and the gut
3.55pm	Questions/Discussion
4.15pm	Day Concludes

STAC Western Australia Education Day

Saturday 14 October 2023



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7.30am - 8.15am	Risky Business – UTI Risk Factors and Assessment Tool for IC Users Breakfast Symposium presented by Coloplast	
9.00am	Opening and Welcome	
Session 1 – Paediatric <i>Chairs: Natalie Kane and Odette Gaynor</i>		
9.05am	Zubin Grover: Paediatric bowel dysfunction	
9.35am	Leah Bryant: Dietetic assessment and management of paediatric bowel dysfunction	
9.55am	Russell Bouwman: Naturopathic approach to paediatric bowel dysfunction	
10.15am	Questions/Discussion	
10.30am	Morning Tea and Exhibition	
11.00am	Session 2 – Across the Ages <i>Chairs: Natalie Kane and Odette Gaynor</i>	
11.05am	Angela Khera: Physiotherapy management of functional bowel disorders	
11.35am	Louise Houliston: General medical assessment and management in paediatric bladder dysfunction	
12.10pm	Angela Khera: Complex bowel case studies	
12.40pm	Questions/Discussion	
12.50pm	Continenence Foundation of Australia update	
12.55pm	Lunch and Exhibition	
2.00pm	Session 3 – Adult <i>Chairs: Kerry Murphy and Lesley Pitman</i>	Paediatric Pelvic Health Workshop <i>Offsite: Perth Children's Hospital, Level 5</i>
2.05pm	Joanne Johnstone: Inflammatory Bowel Disease – A nursing approach	<p>Clinical Tutors: Natalie Kane, Physiotherapist Odette Gaynor, Physiotherapist Natalie Bull, Physiotherapist Nicole Ireland-Naughton, Physiotherapist Andrea Mangan, Continenence Nurse</p> <p>Workshop Summary: This workshop is open to continence clinicians working with children, such as nursing, physiotherapy, medical specialists and allied health.</p> <p>The workshop will include</p> <ul style="list-style-type: none"> • Real time ultrasound assessment of the paediatric pelvic floor, including bladder volume, residual urine, rectal crescent and functional PFM assessment. • Uroflowmetry: procedures and interpretation of flow curves. • Neuromodulation: IFT and TENS, current trends/evidence for use and practical demonstration. • Urinalysis. <p>Registration to attend the workshop will be available through the registration process and numbers are limited.</p>
2.35pm	Deirdre Criddle: Geriatric polypharmacy	
3.05pm	Afternoon Tea and Exhibition	
3.35pm	Session 4 – Pelvic Health <i>Chairs: Kerry Murphy and Lesley Pitman</i>	
3.40pm	Karen Allingham: TCC Bladder – surveillance and care	
4.10pm	Emma Kirkaldy: Adolescent Pelvic Pain	
4.40pm	Elayne Ooi: Prostate and LUTS	
5.10pm	Closing	
5.15pm	Day Concludes	

STAC Queensland Education Day

Saturday 28 October 2023



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9.00am	Opening and Welcome
Session 1 – The Link Between Brain, Bladder and Bowel <i>Chair: Kathryn (Kathy) Sloots</i>	
9.05am	Keynote speaker: Harry McConnell: Neurological mechanisms involved in causing neurogenic bladder
9.25am	Julie Westaway: Initial continence assessment – linked to diagnosis
9.55am	Emily Cowling: Physiotherapy assessment of the pelvic floor
10.25am	Keynote speaker: Harry McConnell: Psychogenic incontinence
10.45am	Questions/Discussion
10.55am	Morning Tea and Exhibition
Session 2 – Ageing and the Bladder and Bowel <i>Chair: Rebecca Khan</i>	
11.30am	Brett MacFarlane: Pharmacological approaches to managing urge incontinence, bowel continence and the importance of assessing any anticholinergic burden
12.00pm	Anna Taylor: Affect of ageing and neurological conditions on bladder and bowel function
12.30pm	Questions/Discussion
12.40pm	Platinum Sponsor Presentation
12.45pm	Lunch and Exhibition
Session 3 – Allied Health and the Bladder and Bowel <i>Chair: Vivien Wong</i>	
1.45pm	Rebecca Khan: A paediatric OT perspective: Building toileting skills across the lifespan
2.05pm	Melanie Hoyle: Toileting participation: Good practice steps of assistive technology provision
2.25pm	Alison Wyllie: A physiotherapist perspective in the treatment of urinary and faecal incontinence
2.55pm	Questions/Discussion
3.05pm	Continenence Foundation of Australia update
3.15pm	Afternoon Tea and Exhibition
Session 4 – Continenence Management and the NDIS <i>Chair: Julie Westaway and Russ Chess-Williams</i>	
3.50pm	Carolina Williams: The role of NDIS in continence management
4.10pm	Sara Woodhouse: Continenence management through the NDIS
4.40pm	Key Questions and Panel discussion on Continenence Management and the National Disability Insurance Scheme
5.00pm	Day Concludes