

Economic Cost of Incontinence in Australia

In 2023



There were over **7.2 million** people with incontinence in Australia



Women are **2x more** likely than men to have incontinence



This is equivalent to **1 in 3 people over 15 years**



Although there is a higher rate of incontinence if you are older, **71% of people** with incontinence are younger than 65 years

Incontinence can affect every facet of life



People with incontinence lost an additional **8.8 days** of work per year



The average caregiver provides **more than 5 hours** of care per week to someone with incontinence



13% of survey respondents reported seeing a mental health professional for their incontinence with average of 5 visits in the past year



3% of people with incontinence are not in employment due to their incontinence

Incontinence costs government, employers and importantly individuals and their carers

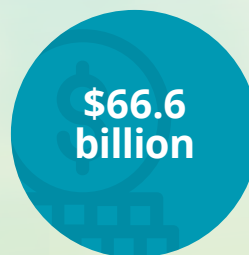
The total economic cost of incontinence was **\$100.4 billion** in 2023



50%* increase from 2010

This total consist of:

1. Financial costs



\$2.6b in health system costs



\$53.9b in productivity losses



\$8.8b In efficiency losses



\$1.2b in other financial costs

2. Lost wellbeing



*2023 estimates are not directly comparable to 2010 estimates due to inflation and methodological changes.
Note: Totals may not sum due to rounding